

STATEMENT OF INTENT

NAME : CHONG KIT HAN
DISTINCTION : Application for FPSM

TIBETAN PEOPLE, CULTURAL LIFE AND RELIGIOUS BELIEFS

Tibet is a very beautiful and mysterious place. It is known as “the roof of the world”, a spiritual place that is filled with spiritual people.

Religion is an inseparable part of the Tibetan’s life. They are hugely devout people who have a strong belief in the Buddhist faith. The simplicity of life, the spirituality of minds and rich customs and traditions give a stronghold to this alpine region.

While being in Lhasa and Shigatse, I could see many Tibetans holding rosaries and spin prayer wheels in their hands, constantly praying and chanting on the streets that full of religious atmosphere. Visiting various temples, monasteries and getting along with locals made me understand how strong this religion is in both monastic communities and among Tibetan.

My portfolio attempts to capture Tibetan people, their cultural life and unique beliefs of Buddhism.